

# Recipe from the EarlyON Kitchen

## *Green Eggs and Ham Sandwich*

### **Ingredients:**

2 eggs

1 tbsp milk

1/4 tsp salt

1/4 tsp pepper

1 tbsp oil

1 tbsp each of finely cut parsley, spinach, and basil

1 bun and slice of ham



### **Directions:**

1. Add oil to the frying pan.
2. Add the parsley, spinach and basil.
3. In a bowl, whisk the eggs, then pour in the milk, salt and pepper.
4. Add the egg mixture to the pan and stir.
5. On medium heat, fry the eggs then fold over into a triangle.
6. Place the egg onto a bun and add a slice of ham.