

Essex

We are so much
more
when we work together.

Neighbourhood Safety Plan

Your go-to guide for managing neighbourhood safety and accessing essential resources, whether you live, work, or play in the Essex area.

Developed in partnership through the Substance Supports in Neighbourhoods Accessed through Police Partnerships "SSNAPP" initiative.

This resource is based on information gathered from residents, businesses, and local organizations in October of 2025. Information may be subject to change.

To access all Neighbourhood Safety Plans, visit
ssnapp.ca



Substance Supports.
Neighbourhood Resources.
Community Partnerships.



WINDSOR-ESSEX
COMMUNITY SAFETY
& WELL-BEING PLAN



WINDSOR-ESSEX
COMMUNITY
OPIOID &
SUBSTANCE
STRATEGY



WINDSOR-ESSEX COUNTY
HEALTH unit
Bureau de santé de Windsor-comté d'Essex

Who Do I Call?

A Bystander's Blueprint



Call 911 for any emergency where police, fire or ambulance is required immediately or if there is immediate threat to life or bodily harm, violence, weapons, or a medical emergency. 🕒 **Available 24/7**



Call 211 for help with programs and services in your area, including mental health, housing, and employment. 🕒 **Available 24/7**

Email: info@211southwestontario.ca

Online: 211southwest.ca



Call or text 988 for the suicide crisis helpline. 🕒 **Available 24/7**

Online: 988.ca



Ontario Provincial Police (OPP) Non-Emergency Line

Call 1-888-310-1122 (or 1-888-310-1133 TTY) for non-emergency situations requiring police attendance or to report a crime/illegal activity.

Contact page: opp.ca/index.php?id=125

Online reporting: opp.ca/index.php?id=132



Windsor and Essex County Crime Stoppers

Call 519-258-8477 to report a crime or leave a tip anonymously.

Online: catchcrooks.com/home-new

Disclaimer: This Neighbourhood Safety Plan is designed for residents in Essex, Ontario to provide general guidelines, support strategies, and information to help promote a safer community environment. The recommendations and strategies are provided as general guidance and may not be suitable for every individual or situation. The creators of this Neighbourhood Safety Plan do not guarantee the effectiveness of it or any of its components and are not responsible for any outcomes or consequences resulting from its use. These materials are intended for informational purposes only and are not a substitute for professional medical, psychological, or legal advice. **In the event of an emergency, call 911 immediately.**



Mental Health Crisis

What Can I Do?

Encountering Someone Experiencing a Mental Health Crisis

SIGNS

The person might be upset, confused, or talking to themselves. They could be pacing, crying, or showing signs of distress.

ACTIONS

⚠️ Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.

☎️ Call 911 If There is Immediate Danger.

If You Feel Safe and Comfortable to Help, Consider These Steps:

🎯 Listen to the Person and Show You Care.

"I can see that this is really hard for you."

🎯 Offer Support, Not Solutions.

"It's OK to feel this way. Let's find a way through it together."

🎯 Use Non-Threatening Body Language.

Face them and show that you are listening.

🎯 Use Non-Stigmatizing Language.

Stigma can shape opinions and stop people from getting help.

"What you're going through is real and important," is a good way to avoid blame.

🎯 Call 911 if There Are Safety Risks to the Person or Others, or Threats of Self-Harm or Harm to Others.

🎯 Share Information About Local Mental Health Resources, Available on Page 11.



For Immediate Mental Health Support:

Call 911

Go to your nearest emergency room:

Windsor Regional Hospital

Ouellette Campus

1030 Ouellette Ave.

🕒 Available 24/7

Call or text the Suicide Crisis Helpline at 988.

🕒 Available 24/7

Call Community Crisis Services at 519-973-4435.

🕒 Available 24/7

Call 911 or go to your nearest emergency department if you're facing immediate safety risks or feel like you're a threat to yourself or others. Available 24/7.

DID YOU KNOW? The Essex County Mobile Crisis Rapid Response Team (MCRRT) can respond to mental health related emergency calls throughout Essex County. This team consists of Social Workers/Crisis Workers from Hotel-Dieu Grace Healthcare and Essex County OPP officers.



Substance Use Crisis

Encountering Someone Experiencing a Substance Use Crisis

SIGNS

The person could be unconscious or showing signs of an overdose (e.g., difficulty walking, blue or grey lips or nails, very small pupils, cold and clammy skin, confused, snoring/gurgling sounds).

ACTIONS

⚠️ **Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.**

☎️ **Call 911 if There is Immediate Danger.**

If You Feel Safe and Comfortable to Help, Consider These Steps:

1 Call 911 Immediately.

In an overdose emergency, call 911 right away. *The Good Samaritan Drug Overdose Act* offers some legal protection for people who experience or witness an overdose and **call 911**. Learn more in the resources section at wecoss.ca.



2 Shake and Shout.

Shout “hello” and shake their shoulders to check if they respond.

3 If comfortable, give Naloxone if you suspect an opioid overdose.

Use personal protective equipment like masks and gloves if available.

Administration of Naloxone Nasal Spray:

- Lay the person on their back and gently insert the tip of the nozzle into their nostril.
- Press the plunger with your thumb to give the dose of Naloxone.
- **Do not** test the spray before you administer.

Note: *Naloxone will not cause harm if given to someone who has not used an opioid but is experiencing an overdose.*

4 Perform chest compressions (push hard and fast with each compression) or start CPR if trained.

5 If the individual does not respond after 2 to 3 minutes, give them more Naloxone (alternating nostrils) and continue chest compressions or CPR until they respond, or EMS arrives.

If the person still does not wake up after the second dose of Naloxone, continue providing Naloxone. It will not harm the person to continue providing Naloxone.

Save a Life, Get Naloxone.

Naloxone is a life-saving medication that can reverse an opioid overdose. Access a free Naloxone Nasal Spray Kit by visiting a participating local pharmacy: ontario.ca/page/where-get-free-naloxone-kit.



If the person responds, place them in the recovery position (on their side with one leg extended above the other so they do not roll over and choke).



7 Provide detailed information when emergency responders arrive.

For example, the substances involved (if you know), time of overdose, and if naloxone was administered.

Opioids are drugs that include legal pain relievers (like morphine and fentanyl) and illegal drugs (like heroin). They have a high risk of addiction. If prescribed, follow the dosage, know the side effects, keep your medication safely secured, and dispose of unused or expired medicine at your local pharmacy. Learn more in the resources section at wecoss.ca.

Tips for Safer Substance Use

- Never use alone.
- Try a very small amount first – “start low, go slow.”
- If you use with a friend, do not use at the same time.
- Avoid mixing substances.
- Have Naloxone ready. Know how to respond to an overdose.
- Call the National Overdose Response Service 24/7 hotline at **1-888-688-6677** for confidential support when using substances.

Words Matter.

- **Avoid stigmatizing language when talking about substance use. Don't use words like “addict” or “junkie.”**
- **Check out the “Stigma Affects Us All” page at wecoss.ca to learn more about how to address and reduce substance use stigma.**

Found a Needle?

If you find a needle on **Town of Essex property**, treat it as used and **call 519-776-7336** to report it and arrange for disposal.

If you find a needle on your **private property**, treat it as used and follow these steps:

- 1 **Wear gloves to protect from fluid contamination.**
- 2 **Use tongs or tweezers to pick up the needle by the middle of the syringe, with the sharp end facing down.**
- 3 **Place the needle in a sharps container or a puncture-proof, sealable container and close it tightly.**
- 4 **Remove gloves and wash your hands or use hand sanitizer.**
- 5 **Dispose of the container at a sharps disposal bin or local pharmacy.**

DO NOT:

- ✗ **Throw loose sharps in the garbage.**
- ✗ **Put sharps in the recycling bin.**
- ✗ **Flush sharps down the toilet.**
- ✗ **Dispose of sharps in bushes, parks, or streets.**

For a list of 24-hour sharps disposal bin locations, visit: ohrdp.ca/find-supplies.



Harassment

Witnessing Someone Being Harassed

SIGNS

The person may be distressed, appear fearful, anxious, or is trying to avoid the harasser. Harassment can be verbal abuse, physical intimidation, unwanted touching, stalking, sexual harassment, or public shaming.

ACTIONS

⚠️ Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.

☎️ Call 911 if There's Immediate Danger.

If You Feel Safe and Comfortable to Help, Consider These Steps:

- 🎯 **Calmly and Assertively Address the Harasser.**
"That's not OK. Please stop."
- 🎯 **Seek Help if You Can't Intervene Directly.**
Find a friend, bystander, or someone in authority to help or call the authorities if the harassment continues.
- 🎯 **If Safe, Document the Incident.**
Record the incident and include information like the time, location, and what was said or done. Ensure you are respecting the privacy of the person being targeted when sharing any recordings.
- 🎯 **Report the Incident or Encourage the Target to Report the Incident.**

Need to Report Harassment?

Call the OPP Non-Emergency Line at **1-888-310-1122** or report the incident online at opp.ca/index.php?id=132

Community safety is strongest when prevention, public health, municipalities, and policing work together. These safety plans reflect our shared commitment to reducing harm, supporting well-being, and ensuring our communities remain safe, inclusive, and resilient."





Homelessness



Human Trafficking

Encountering Someone Experiencing Homelessness

SIGNS

The person may be carrying their personal belongings, using public spaces for resting, seeking assistance, or wearing inconsistent or inadequate clothing for the season.

ACTIONS

⚠️ Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.

☎️ Call 911 if There's Immediate Danger.

Be compassionate and supportive towards people experiencing homelessness:

- 🎯 Acknowledge the Person with Respect.
Make eye contact, smile, and avoid making assumptions about them.
- 🎯 Be Polite when Talking to the Person.
"Hello, how are you?"
- 🎯 Consider Supporting an Organization in Your Community that Serves People Experiencing Homelessness.
- 🎯 Find a List of Resources on Page 13 for People Experiencing Homelessness.

Encountering Human Trafficking

SIGNS

The person may be exploited for labour or sex; not have control over their own finances, ID, or phone; be malnourished or unable to access medical care when needed; be promised living or working conditions that are "too good to be true"; be living or working in unsafe conditions; or suddenly receive expensive gifts (e.g. clothes, money, etc.).

ACTIONS

⚠️ Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.

☎️ Call 911 if There's Immediate Danger.
If you feel safe and comfortable to help, follow these steps:

- 🎯 Contact the Windsor-Essex Counter Exploitation Network (W.E.C.E.N.).
Call: 519-256-7831 ext. 4222
Email: info@wecen.ca
Online: wecen.ca
- 🎯 Call 911 if there are Safety Risks to the Person or Others, or Threats of Self-Harm or Harm to Others.
- 🎯 Refer to Page 14 for Local Resources on Human Trafficking.

Did you know?

It is a crime to purchase sexual services in Canada.

If you are not a Canadian citizen and you are a survivor of human trafficking in Canada, there are protections available to prevent deportation.



Intimate Partner Violence

Witnessing Intimate Partner Violence

SIGNS

The person may or may not have physical injuries (e.g. bruises), wear clothing not appropriate for the season, be fearful of or when they are with their partner, be withdrawn or isolated from their family and friends, have little to no control over their finances, get frequent/angry texts and calls from their partner, and be the subject of insults or demeaning language from their partner.

ACTIONS

⚠️ **Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.**

☎️ **Call 911 if There's Immediate Danger.**

If You Feel Safe and Comfortable to Help, Consider These Steps:

- 🎯 **Listen to the Person and Show You Care.**
"I can see that this is really hard for you, I'm so sorry you are going through this."
- 🎯 **Offer Support in a Discrete Way.**
If you are comfortable, let them know that you are a safe person to reach out to for support.
- 🎯 **Encourage the Person to Document Any Abusive Behaviour.**
This will be helpful if they want to take legal action in the future.
- 🎯 **Do Not Judge the Person.**
There are many reasons why a person may stay in an abusive relationship (financial reasons, children, fear and manipulation, etc.).
- 🎯 **Do Not Tell the Abuser or Others If They are Planning on Leaving/Seeking Support.**
This could put the victim in danger of retaliation.
- 🎯 **Refer to Page 14 for Resources About Domestic Violence.**

Need Help?

Call the Hiatus House 24-hour crisis hotline if you are looking for support related to intimate partner violence at **519-252-7781**. Call the Sexual Assault Crisis Line if you are looking for support related to sexual assault at **519-253-9667**.



Conflict Situation

Witnessing a Conflict Situation

SIGNS










People involved in a conflict may have raised voices, be using aggressive language, displaying threatening physical gestures (e.g., pointing fingers, clenching fists), and be in visible distress or fear. A gathering crowd and any physical altercation are clear signs of conflict.

ACTIONS

 **Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.**

 **Call 911 if There's Immediate Danger.**

If You Feel Safe and Comfortable to Help, Consider These Steps:

-  **Stay Calm and Non-Confrontational.**
Use “I” statements instead of “You” statements. “I feel concerned seeing this argument escalating.”
-  **Don't Raise Your Voice or Argue With the Person.**
-  **Don't Intervene in a Physical Altercation.**
-  **Maintain Appropriate Language.**
Keep your hands visible, make eye contact, and nod to show you're listening.
-  **Create a Distraction to Interrupt the Conflict.**
“I need help with something important. Can you give me a hand?”
-  **Empathize and Validate Individuals' Feelings.**
“I can see that you're really upset right now. It's understandable given the situation.”
-  **Offer Choices and Control.**
“Would you prefer to discuss this now or would you like to take a moment to yourself?”
-  **Set Boundaries if Necessary.**
“I think it would be helpful if we could keep the discussion focused on the issue, not on personal attacks.”
-  **Get Help from Authorities If There is Violence or The Situation Continues to Escalate.**
Report the situation to the OPP Non-Emergency Line at **1-888-310-1122** or **call 911** if there is an immediate threat to safety.



Discrimination/Racism

Witnessing or Experiencing Discrimination or Racism

SIGNS

The person may be subjected to racial slurs, derogatory comments, or insults or stereotypes based on their race, ethnicity, gender, sexuality, religion, or disability. Intentionally excluding someone from an activity or displaying hostile body language, such as glaring or rolling eyes, can also be indicators of discriminatory behaviour.

ACTIONS

 **Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.**

 **Call 911 if There's Immediate Danger.**

If You Feel Safe and Comfortable to Help, Consider These Steps:

 **Stay Calm and Non-Confrontational.**

 **Express Your Feelings.**

Use “I” statements instead of “You” statements. “I feel uncomfortable when I hear comments like that.”

 **Show Support to the Target.**

Position yourself next to the person experiencing the discrimination to show your support and provide comfort.

 **Address the Specific Behaviour.**

“That joke/comment was offensive.”

 **Set Boundaries.**

“I cannot tolerate any form of discrimination or racism. Please stop making these comments.”

 **Document and Report the Incident.**

If possible, record the incident or take notes and include information like the time, location, and what was said or done. Ensure you are respecting the privacy of the person being targeted when sharing any recordings.

Need to Make a Discrimination Complaint?

Call the Human Rights Tribunal of Ontario at **1-866-598-0322**.

Were You the Victim of a Hate Crime or Hate-Motivated Incident?

Call the OPP Non-Emergency Line at **1-888-310-1122** or report the incident online at opp.ca/index.php?id=132.



Vandalism

ESSEX

Preventing Vandalism on Your Property

SIGNS

May include graffiti, broken windows or doors indicating forced entry, and damaged vehicles. You may also notice scratched signs, litter, or debris across your property.

ACTIONS

⚠️ **Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.**

☎️ **Call 911 if There's Immediate Danger.**

Consider These Steps for Preventing Vandalism:

- 🔒 **Secure Your Property.**
Use locks, fences, and security systems.
- 🧹 **Keep Your Property Clean and Well-Maintained.**

- 💡 **Install Bright, Motion-Sensor Lighting.**
- 🧼 **Clean or Cover Graffiti Immediately.**
- 🛒 **Ensure Your Property Insurance Covers Vandalism and Graffiti Damage.**
- 🔒 **Ensure Your Property is Safe and Secure Through Crime Prevention Through Environmental Design 'CPTED' Analysis by Completing a Self-audit Safety Checklist.**

Find more information on CPTED at cswbwindsor.essex.ca under resources.

Need to Report Vandalism?

If you have experienced vandalism, graffiti, or other property damage under \$5,000, call the OPP Non-Emergency Line at **1-888-310-1122** or file an online report: opp.ca/index.php?id=132

How to Respond to Someone Urinating in Public?

- 1 **Avoid Direct Confrontation to Ensure Your Safety.**
- 2 **Contact the OPP Non-Emergency Line at 1-888-310-1122 or report the incident online at opp.ca/index.php?id=132.**
Provide specific details about the location, description of the person, and any other relevant information.
- 3 **If the Situation Escalates or Poses a Danger, Call 911.**

Local Resources

Who Can Help?

For the latest information on mental health, housing, legal, employment resources and more, call 211.

General Health Resources

Health 811

Call **811** for free, secure, and confidential health advice from a registered nurse. Available 24/7.

Windsor-Essex Ontario Health Team (WEOHT)

Access community resources and Mobile Medical Support, including primary care check-ups, wound care, mental health support, substance/addiction services, and more.

Find where Mobile Medical Support will be located next at: weoht.ca/resources

Mental Health and Substance Use Services

For a full list of mental health and substance use services, visit wecoss.ca

AEGIS Health Group

Outpatient addiction treatment services, RAAM clinic, drug testing.

Essex Location: 186 Talbot St. S.

Kingsville Location: 200 Main St. E., Unit 103

Call: 226-946-1000

Email: contact@aegismedical.org

Online: aegishealth.ca/aegis-community

Alcoholics Anonymous

Call: 519-999-1234

Online meeting list: windsoraa.org/meetings

Brentwood Recovery Home

2335 Dougall Ave

Call: 519-253-2441

Online: brentwoodrecovery.com

We are so much

more

when we work together.

Canadian Mental Health Association

Windsor Location: 1400 Windsor Ave.
Monday-Friday, 8:30am – 4:30pm.

Leamington Location: 215 Talbot St. E.
By appointment only.

Call: 519-255-7440

Email: info-referral@cmha-weeb.on.ca

Online: windsor-essex.cmha.ca

Erie Shores Family Health Team

Primary care, urgent care, and social work services.

Leamington Location:

197 Talbot St. W., Suite 101

Kingsville Location:

59 Main St. E., Units 10 and 12

Call: 519-322-1100

Erie Shores Healthcare

194 Talbot St. W.

Call: 519-326-2373

Email: connect@eshc.org

Online: ereshoreshealthcare.ca

Family Services Windsor-Essex

Individual and group counselling, housing support, financial literacy.

1770 Langlois Ave.

Call: 519-966-5010 (TTY: 519-966-0361)

Email: info@fswe.ca

Online: fswe.ca

Homelessness and Addiction Recovery Treatment (HART) Hub

1453 Prince Rd.

Call: 519-257-5111 ext. 77500 and 77502

Online: hdgh.org/HARTHub

Hotel-Dieu Grace Healthcare Community Crisis Hotline

Call: 519-973-4435

Offers tailored services for:

● Women ● Youth ● Newcomers & Migrant Workers ● 2SLGBTQIA+ ● Indigenous Peoples

Hotel-Dieu Grace Healthcare – Indigenous Peer Support ●

Peer Support for Indigenous community members looking for Indigenous healing options for substance use.

Walk-in service, no appointment required.

Every Wednesday, 9am – 4:00 pm.

215 Talbot St. E. (South Essex Community Council)

Call: 510-919-9450

Email: nick.metivier@hdgh.org

Online: hdgh.org/

[withdrawalmanagement#accordion-26-4](https://hdgh.org/withdrawalmanagement#accordion-26-4)

House of Sophrosyne ●

5305 Adstoll Ave.

Call: 519-252-2711

Email: information@sophrosyne.ca

Online: sophrosyne.ca

Kids Help Phone ●

Call 1-800-668-6868 or **text** CONNECT to 686868 for mental health counselling and mental health support, including accessing community support services.

Online: kidshelpphone.ca

Mental Health and Addictions Urgent Crisis Centre

1030 Ouelette (near Goyeau Street entrance of Windsor Regional Hospital Ouellette Campus Emergency Department).

Walk-in crisis service, open 24/7

Call: 519-257-5111 ext. 72612

Crisis hotline: 519-973-4435

Narcotics Anonymous

Call: 519-903-9173

Online: essexkentna.org

Ontario Poison Centre

Call 1-800-764-7669 or **911** if your child ingests a drug, or other toxic substance, or you or someone else is having a bad reaction to a drug.

Online: ontariopoisoncentre.ca

Southwest Ontario Aboriginal Health Access Centre

Call: 519-916-1755

Email: info@soahac.on.ca

Online: soahac.on.ca

Trans Wellness Ontario ●

Mental health and peer support for 2SLGBTQIA+ individuals over 13 and their families.
1770 Langlois Ave.

Call: 226-674-4745

Email: info@transwellness.ca

Online: transwellness.ca

Withdrawal Management (Chatham-Kent Health Alliance)

80 Grand Ave. W.

Call: 519-352-6400 ext. 6740

Online:

ckha.on.ca/withdrawal-management-service

Withdrawal Management (Hotel-Dieu Grace Healthcare)

3740 Connaught Ave.

Call: 519-257-5225

Online:

hdgh.org/withdrawalmanagement

Windsor-Essex Community Health Centre

Leamington Location:

33 Princess St., Unit 450

East Windsor Location:

2885 Lauzon Parkway, Unit 107

Call: 519-962-2284

Online: wechc.org

Services and Resources for People Experiencing Homelessness and Food Insecurity

Essex County Homelessness Hub

215 Talbot St. E.

Call: 519-326-8629 ext. 395

Online: countyofessex.ca/resident-services/social-services/homelessness-hub

Leamington Community Hope Centre

Drop-in centre, trauma services, hot meals, counselling, transitional housing support, and Alcoholics Anonymous and Narcotics Anonymous meetings.

58 Erie St. S.

Call: 519-326-9280

Email: info@lchope.ca

Online: leamingtonhopecentre.ca

Salvation Army – Essex Community Church

Food bank

26 Talbot St. S.

Call: 519-776-4628

The Downtown Mission of Windsor

875 Ouellette Ave.

Call: 519-973-5573

Online: downtownmission.com

Welcome Centre Shelter for Women and Families

500 Tuscarora St.

Call: 519-971-7595

Email: info@welcomecentreshelter.com

Online: welcomecentreshelter.com

Resources for Newcomers and Migrant Workers

Legal Assistance of Windsor (LAW)

Legal and social assistance, provides programs for migrant workers and gender-based violence.

443 Ouellette Ave, 2nd floor

Call: 519-256-7831 (TTY: 519-256-5287)

Online: legalassistanceofwindsor.com

South Essex Community Council

Newcomer, youth, income, and employment support.

Leamington location: 215 Talbot St. E.

Call: 519-326-8629

Kingsville location: 21 Mill St. W. Unit B

Call: 519-733-5784

Email: info@secc.on.ca

Online: secc.on.ca

TeaMWork Project

An initiative by Workforce WindsorEssex aimed at supporting temporary foreign workers (TFWs) during their stay in Canada.

Call: 226-774-5829

Email: TeaMWork@workforcewindsoressex.com

Online:

workforcewindsoressex.com/teamwork/

Windsor-Essex Local Immigration Partnership (WE LIP) “My New Community Map”

The ‘My New Community Map’ helps newcomers, immigrants, and refugees find a variety of local programs and services, including child and youth, employment, health, housing, language, mental health and substance use and more.

Online: workforcewindsoressex.com/mynewcommunitymap

Resources for Intimate Partner Violence, Sexual Assault, and Human Trafficking

Canadian Human Trafficking Hotline

Call: 1-833-900-1010

Email: hotline@ccteht.ca

Online: canadianhumantraffickinghotline.ca

Hiatus House

Emergency shelter for women and children who have experienced domestic violence.

250 Louis Ave.

Call: 519-252-1143 (TDD: 519-252-2768)

24-hour help line: 519-252-7781

Email: admin@hiatushouse.com

Online: hiatushouse.com

Sexual Assault Crisis Centre

3902 Connaught Ave., Unit 1

Call: 519-253-3100

24-hour crisis hotline: 519-253-9667

Email: info@saccwindsor.net

Online: saccwindsor.net

Offers tailored services for:

● Women ● Youth ● Newcomers & Migrant Workers ● 2SLGBTQIA+ ● Indigenous Peoples

Windsor-Essex Counter Exploitation Network

Services for survivors of human trafficking.

443 Ouellette Ave., 2nd floor

Call: 519-256-7831 ext. 4222

Email: info@wecen.ca

Online: wecen.ca

Windsor Regional Hospital Sexual Assault/ Domestic Violence Treatment Center

1995 Lens Ave., Metropolitan Campus, 4th Floor

Call: 519-255-2234

Email: satc@wrh.on.ca

Youth, Family, and Community Services

Caldwell First Nation ●

Call: 519-322-1766

Email: info@caldwellfirstnation.ca

Online: caldwellfirstnation.ca

Community Living Essex County – Essex

Services for people with intellectual disabilities and their families.

372 Talbot St. N.

Call: 519-776-6483

Email: info@communitylivingessex.org

Online: communitylivingessex.org

LGBT Youthline ●

Virtual peer support for 2SLGBTQIA+ youth under 30

Text: 647-694-4275

Maryvale – Essex Location ●

Youth mental health support.

By appointment only.

Essex Centre Sports Complex,
60 Fairview Ave. W.

Call: 519-258-0484

Email: info@maryvale.ca

Online: maryvale.ca

New Beginnings ●

Offers various programs for youth, including counselling, employment support, and recreational activities. Ages 16-24.

Open Monday – Saturday, 9:00am-6:00pm.

1015 Hyland Ave.

Call: 519-971-0973

Online: newbeginningswindsor.com

Regional Children's Centre ●

Huot Building, 3901 Connaught St.

Call: 519-257-5437

Online: hdgh.org/regionalchildrenscentre

The Bridge Youth Resource Centre ●

Mental health, housing, addiction, education support for youth age 14-24.

310 Sherk St.

Call: 226-773-3454

Email: info@thebridgeyouth.ca

Online: thebridgeyouth.ca

Town of Essex – Preschool, Youth and Teen Programs ●

Recreational programming for youth of all ages.

Call: 519-776-7336 ext. 1350

Online: essexconnect.ca

WEConnectKids ●

A place to start if you aren't sure how, where, or what type of mental health service you need. Up to age 18.

Monday – Thursday, 8:00am – 6:30pm; Friday,
8:00am – 3:00 pm.

3901 Connaught St.

Call: 519-257-5437

Online: hdgh.org/CYMHCoordinatedAccess

Youth Wellness Hub Windsor-Essex ●

Mental health and addictions counselling, peer support, primary care, education support, social activities. Some virtual services available. Ages 12-25, Monday – Friday 1:00pm – 7:00 pm.

215 Eugenie Ave. W., Unit 106

Call: 519-800-8640

Email: info@youthhubbyqq.com

Online: youthhubbyqq.com



Essex Neighbourhood Safety Plan

For more information visit
ssnapp.ca



Our thanks extend to Tourism Windsor Essex Pelee Island for providing the photographs used throughout this document.