## AGE FRIENDLY WINDSOR WORKING GROUP

Meeting held April 11, 2024

A meeting of the Age-Friendly Windsor Working Group is held this day commencing at 9:30 o'clock a.m. in Room 140, 350 City Hall Square West, there being present the following members:

Gerald Corriveau Larry Duffield Andrea Grimes Cindy Matchett Roxanne Tellier Tom Wilson

# Also present are the following resource personnel:

Nada Tremblay, Manager, Community Programming & Development Kara Kristof, Supervisor Community Programming Christina Ritorto, Client Support & Staff Development Coordinator Karen Kadour, Committee Coordinator

## 1. Call to Order

The Committee Coordinator calls the meeting to order at 10:40 o'clock a.m. (following the Orientation and Governance sessions) and the Committee considers the Agenda being Schedule A attached hereto, matters which are dealt with as follows:

#### 2. Election of Chair

It is generally agreed that Kara Kristof, Supervisor Community Programming will act as Chair of the Age-Friendly Windsor Working Group.

### 3. Declaration of Conflict

None disclosed.

# 4. Training for Newly Appointed Committee Members

# 4.1 Health and Safety and Respectful Workplace Training

Phil Russo, Occupational Health and Safety Advisory provides a Presentation entitled "Occupational Health & Safety Orientation."

# 4.2 Orientation and Governance Training

Anna Ciacelli, Deputy City Clerk provides an overview of the governance structure for the new members of the Age-Friendly Windsor Working Group. The document entitled "Welcome – New Members of Advisory Committees, Working Groups and Expert Panels" is provided to the members of the Working Group.

#### 5. Business Items

#### 5.1 Introductions

Kara Kristof, Chair invites the members to introduce themselves.

# 5.2 Review of Committee Purpose

Kara Kristof poses the question to the Working Group ""As a member, what are the goals of the committee?". The following remarks are provided:

- Interested in learning about different technology.
- Partner with Windsor Police Services on setting up a round table discussion on how to avoid scammers.
- Suggests a survey to ask what do you feel is compromising your life.
- Agrees with recommendations of the World Health Organization for an age friendly community to allow seniors to contribute more.
- Following COVID, perhaps many services need to be kickstarted again.
- There are a tremendous amount of needs that this population of people requires and to look at the barriers that hinder them from getting what they want.
- If we build a community that suits older adults, everybody in the community will be able to participate in it. For example, to ensure that the walkways are safe, the buildings are available and friendly and welcoming for this population. Further, that there are services and how do they reach these services.
- Discussion ensues regarding Seniors' Expos that have been done in the past.
- There is a need in Windsor to disseminate information especially for seniors and newcomers. Should have a registry of information for seniors.
- Advises 311 is a tremendous resource when searching for information.
- Goal is to understand what the city is doing as far as its membership in the age friendly community, and how budgets are being established with an age friendly lens.
- Assumed that the Working Group would take advice from Council as to what kind
  of direction they would like the group to look at with the goal of helping the city

further its responsibilities as an age friendly community. Does not want to recreate work that has been done by senior's organizations.

Kara Kristof refers to the Mandate of the Working Group which states to "Work in partnership with City administration to develop an Action Plan to enhance Windsor's status as an Age-Friendly community" and adds that guests from various departments will be invited to attend future meetings to speak to the Working Group.

# 5.3 Determine Agenda Standing Items

- (a) Maintaining work undertaken by the Seniors Advisory Committee as it relates to age friendly cities. Review of the age friendly guidelines and framework from the past.
- (b) Identify barriers:
  - Communication
  - Transparency
  - Accessibility

Tom Wilson leaves the meeting at 11:37 o'clock a.m.

#### 5.4 Review of Financials

Kara Kristof indicates that the 2024 Operating Budget for the Working Group is \$4,000, however, a carry forward of \$3,949 from 2023 is also available.

# 5.5 Summary and Action Items

Kara Kristof thanks the members for being a part of the Working Group along with providing their specific motivations to address the needs of seniors in the City of Windsor.

## 6. Date of Next Meeting

The next meeting will be held at the call of the Chair.

# 7. Adjournment

There being no further business, the meeting is adjourned at 11:48 o'clock a.m.