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Webinar Announcement: WHO/IFA Webinar Series – 28 February 2018, 1 PM GMT

2018 IFA / WHO WEBINAR SERIES

**Social inclusion &
the design of age-friendly spaces**



Wednesday, February 28
1pm - 2pm
Western European Time



Presented by: Dr Ryan Woolrych

Associate Professor in Urban Studies at Heriot Watt University, Scotland

Adjunct Professor at the Gerontology Research Centre, Simon Fraser University, Canada

The following questions will be addressed & discussed:

1. What are the key priorities in delivering age-friendly spaces that support social inclusion?
2. How can communities and cities be designed to support social inclusion amongst older adults?
3. What are the challenges and opportunities to the delivery of age-friendly spaces that support social inclusion amongst older adults?

Register at:

<https://attendee.gotowebinar.com/register/8240159440456331010>

APPENDIX "A"

Age-Friendly Communities Recognition Award 2018

Nominee's Achievements

The Corporation of the City of Windsor

The nominee, the City of Windsor, has been involved locally and regionally with the process of Age-friendly Communities since its inception in the province. It plays the leadership role for this project. In 2007, City Council approved the formation of the Seniors Advisory Committee (SAC) as a Committee of Council. In 2009, Windsor was one of seven cities chosen by the Ontario Senior's Secretariat to be one of the regional hosts for an Age-friendly Communities Forum with SAC as an active planning partner for the event.

Windsor Seniors Advisory Committee decided to initiate the Age-friendly movement in Windsor with an application to the New Horizons for Seniors Program (NHSP). In November 2010, SAC received notification it was successful in its endeavour and was granted \$24,425.00 from NHSP to begin the process of the first 5 year cycle to become age-friendly. Windsor became a member of the WHO Global Network of Age-friendly Cities and Communities in 2012. The City of Windsor is the second city in Ontario to complete a 5 year cycle. Windsor is also a member of the Southern Ontario Age-Friendly Network comprising of member cities from Peterborough to Orangeville to Windsor.

The SAC first led a Seniors Forum to gather information from Stakeholders, including senior residents and prepared the 1st **Report to the Community: Environmental Scan of Age-friendliness**. Like minded organizations came together and formed the Age-friendly Network. They took this data to write the **Action Plan** which was adopted by City Council. The Network proceeded to monitor, evaluate and collect data on the completed items and projects that the agencies and city departments said they could complete. This led to the **Final Report** being prepared and adopted by City Council and sent to the WHO in June 2017. In November the Seniors Summit was hosted by CARP to present our findings and gather information to chart the next 5 year cycle. This project is one included in the City of Windsor's 20 Year Vision Plan. City Council has also approved another 5 year cycle.

The SAC and the Age-friendly Network are very appreciative of the local seniors that volunteer to staff our display tables at events, collect data attend Ward Meetings and are guest speakers at events to name a few. A number of seniors who have not retired yet are active within the organizations and businesses they represent. (The Network membership list is attached). A wide cross-section of community organizations and partners are represented.

Windsor is one of the first cities in Ontario to participate in the new High Five program for Older Adults: A New Quality Framework through the Parks and Recreation Ontario. There is a trainer here who is presently finishing the staff training at Life After Fifty, Alzheimer's Society and Huron Lodge Long Term Care and internally for the Parks and Recreation Department.

Additionally, each of the city departments has appointed contacts for age-friendly initiatives. Some examples of their work are, the Snow Angels has experienced some growth; community gardens went from 3 to 56; 95% of the city has curb cuts; new park bench areas

have space for wheelchairs to enjoy parks and trails with stoppers so the wheels do not roll off the concrete and there are a number of new bus shelters and kneeling busses. Accessibility has increased from new ramps to washrooms and lower counter tops.

Network members participated in applying for grants and producing documents. They also supported the acquisition of summer staff and placement students for our use.

The SAC initiated the Ride for a Toonie program on all city busses during Seniors month in the first week of June. The City has a Proclamation that June is seniors' month in Windsor. As well, they plan the annual International Day for Elderly Persons flag raising event at City Hall Square complete with a youth band and high school choir. Senior participants attend from both the city and the county. The local unions assist both in planning and funding the event.

SAC maintains an annual planning calendar for events for the city to lead or are active community partners and participate in. The city actively participates and is represented at, for example,

- Ontario Senior Achievement Awards
- Windsor Senior of the Year Award
- Seniors Fair LAF
- UNIFOR Retirees Day
- Chrysler Retirees Day
- Attend World Elder Abuse Day June 15th each year
- International Day of Older Persons
- Business Excellence Awards.

In 2014 the City hosted the Ontario Senior Games called 'Actifest' again. There was a partnership with Amherstburg to host. This increased the profile of seniors in our region as Committee members and athletes. The seniors are so active that all the unused gym time is now rented out to pickleball. This is a very strong new program in our area. New outdoor courts are being built for outside warm weather play to increase active participation.

One of our SAC members also created an outline for a semester course in Age-friendly. It has been presented to St. Clair College for review. Additionally, Canterbury College is part of the University of Windsor. It runs 2 semesters of adult learning classes in Windsor and Essex County taught at a nominal fee by seniors and for seniors who want to learn a new skill or knowledge on a particular subject.

This nomination presents the City of Windsor as a leader and teacher of age-friendly principles. It demonstrates that continuous improvement is being made by Stakeholders, partners and the City. There are many achievements both big and small that have been accomplished. The future holds promising as the Final Report on the Seniors Summit is prepared and then presented to City Council. A strong partnership has been confirmed by Life After Fifty to fulfill a more active role and administrative support as Windsor plans for the future of age-friendly.