



THE CITY OF WINDSOR

OFFICE OF THE MAYOR

DREW DILKENS, OBA
MAYOR

PROCLAMATION

CMHA MENTAL HEALTH MONTH May 2019

WHEREAS: The Canadian Mental Health Association (CMHA) Mental Health Month promotes mental health awareness through education campaigns, activities and events held across Windsor and Essex County and offers practical ways to maintain and improve mental health and support recovery from mental health and addictions issues; and

WHEREAS: Increased awareness and understanding of mental health will promote the use of mental health services and supports and ensures Canadians with mental health and addictions issues are afforded the opportunity to recover; and

WHEREAS: There is no health without mental health; CMHA encourages Ontarians to look after their mental health in the same manner they would their physical health.

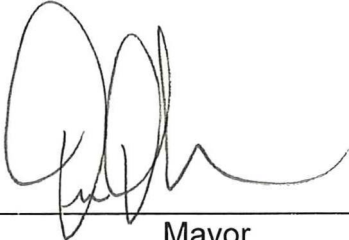
WHEREAS: The Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during CMHA Mental Health Month and throughout the year; and

THEREFORE: I, Drew Dilkens, Mayor of the City of Windsor, do hereby proclaim

MAY 2019 CMHA MENTAL HEALTH MONTH

in the City of Windsor, and strongly encourage all citizens of our community to join me.





Mayor