## EarlyON Program Guide

Circle Time (0-6 years): Join us as an EarlyON Facilitator leads interactive songs, rhymes and stories that you are able to enjoy with your child and other families in the community.

Baby and Me (0-18 months): Join us with an EarlyON Faciliator and meet other families in the community. Spend time discussing baby topics and engaging in infant activities with your little one.

## Musical Moments (0-6 years):

Move and Groove (0-6 years): Join us through ZOOM for a quick energy busting music and movement session! **Parent Talk (0-6 years):** Join us as through ZOOM as we discuss child development questions and concerns with an EarlyON Facilitator. Zooming Artists (0-6 years): Join us through ZOOM as we get messy, creative and imaginative together! Infant Massage (0-18 months): (5 week program) Join us as we help to enhance the connection between infants and their parents through nurturing touch. Songs and Rhymes (0-18 months): (4 week program) Enjoy some time to wiggle and giggle with your baby as we learn new songs together. Wee Wonders (0-6 years): Join us through ZOOM for a STEAM Activity (Science, Technology, Engineering, Art & Math.) What's Cooking? (0-6 years): (4 week program) Become a "sous chef" to your little one in this 4 week virtual program, tailored around Canada's Food Guide. Physical Literacy and Mindful Movement: Find a new video every Thursday to get your little one moving and learning! Videos are posted on YouTube and on our social media sites.

EarlyON Kitchen: Watch for our monthly cooking videos where we show simple, healthy recipes to make with your mini chef! Videos are posted on Youtube and our social media sites.

EarlyON Science: Watch our monthly video allowing children to explore science together.

**EarlyON Storyboard Fun:** Enjoy a favourite song, story or poem on our YouTube channel. A new video is posted each month! Bilingual Circle, French and English (0 to 6 years): Join us through Zoom as we build literacy by connecting through bilingual interactive songs, stories and other literacy activities.

Cercle bilingue, français et anglais (0 à 6 ans): Joignez-vous à nous via Zoom pour développer la littératie par le biais de chansons interactives bilingues, d'histoires et d'autres activités.

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